

# Northern Lake YMCA Pool Schedule

\* Pool schedule subject to change and closings. Updated pool schedule is found online at [www.ymcakecounty.org](http://www.ymcakecounty.org) and at our Welcome Center

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30							
6:00		<b>Water Aerobics</b> 6:15 - 7:00 <i>2 Lanes Used</i>	<b>Water Aerobics</b> 6:15 - 7:00 <i>2 Lanes Used</i>	<b>Adult Lap</b>	<b>Adult Lap</b>		
6:30				<b>Swim (14+)</b>	<b>Swim (14+)</b>		
7:00	<b>Adult Lap</b>	<b>Adult Lap</b>	<b>Adult Lap</b>	5:00-10:00	5:00-10:00	<b>Adult Only Lap Swim (14+)</b> 6:30-12:30	
7:30	<b>Swim (14+)</b>	<b>Swim (14+)</b>	<b>Swim (14+)</b>				
8:00	5:00-10:00	5:00-10:00	5:00-10:00				
8:30							
9:00	<b>Water Aerobics</b> 9:00-9:45 <i>3 Lanes Used</i>		<b>Members Only Aquacombo</b> 9:00-9:45		<b>Water Aerobics</b> 9:00-9:45 <i>3 Lanes Used</i>	<b>Swim Lessons</b> 8:00-12:30	
9:30							
10:00							
10:30	<b>Family Swim</b>	<b>Family Swim</b>	<b>Family Swim</b>	<b>Family Swim</b>	<b>Family Swim</b>		<b>Open Swim</b>
11:00	10:00-12:00	10:00-12:00	10:00-12:00	10:00-12:00	10:00-12:00		9:00 - 4:30
11:30							
12:00							
12:30	<b>Adult Only Lap Swim (14+)</b>	<b>Adult Only Lap Swim (14+)</b>	<b>Adult Only Lap Swim (14+)</b>	<b>Adult Only Lap Swim (14+)</b>	<b>Adult Only Lap Swim (14+)</b>	<b>Open Swim</b> 12:30-4:30	
1:00	12:00-2:00	12:00-2:00	12:00-2:00	12:00-2:00	12:00-2:00		
1:30							
2:00	<b>Open Swim</b>	<b>Open Swim</b>	<b>Open Swim</b>	<b>Open Swim</b>	<b>Open Swim</b>		
2:30	2:00-8:00	2:00-8:00	2:00-8:00	2:00-8:00	2:00-8:00		
3:00							
3:30							
4:00							
4:30	<b>Swim Lessons</b> 5:00-6:30	<b>Swim Lessons</b> 5:00-7:25	<b>Swim Lessons</b> 5:00-6:30			<p><b>*During Open Swim any child under the age of 8 must be accompanied by an adult (18 years and older) in the water.</b></p> <p><b>*During Family Swim times and after 8:00 p.m. any child under the age of 14 must be accompanied by an adult (18 +) in the water.</b></p>	
5:00							
5:30							
6:00							
6:30		<b>PM Aqua Fit</b> 6:30-7:30 <i>Only 2 Lanes Available</i> 1 - Lap Swim 1 - Open Swim		<b>PM Aqua Fit</b> 6:30-7:15 <i>2 Lanes Used</i>			
7:00							
7:30							
8:00							
8:30	<b>Family Swim</b> 8:00-9:30	<b>Family Swim</b> 8:00-9:30	<b>Family Swim</b> 8:00-9:30	<b>Family Swim</b> 8:00-9:30	<b>Family Swim</b> 8:00-9:30		
9:00							
9:30							